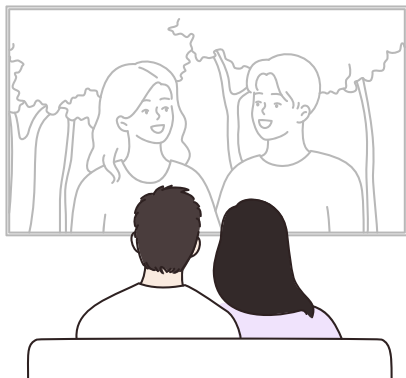




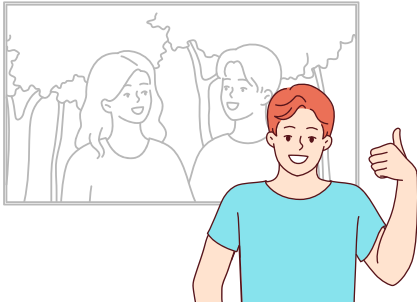
Going to the movies

Mable



Easy English

Going to the movies

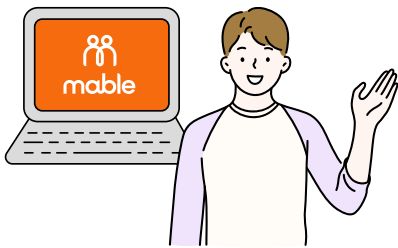


About this guide

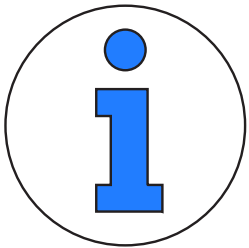
This guide tells you how to go to the movies if you have a disability.



This guide is written by Mable.



Mable is where you can find independent support workers online.



Contact information is at the end of this guide.

Hard words

This guide has some hard words.



The first time we write a hard word

- the word is **blue**
- we write what the hard word means

There is a list of the hard words at the end of the guide.

Get help with this guide

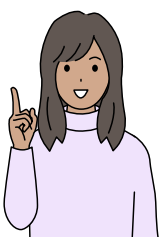
Someone can help you



- read this guide

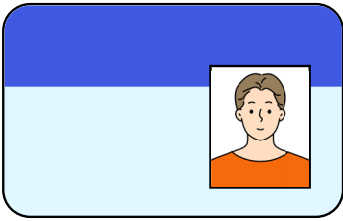


- know what this guide is about



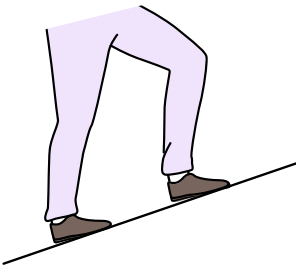
- find out more.

Use a Companion Card



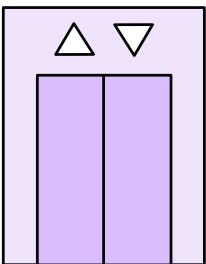
A Companion Card is a card from the government.
It lets your support person come with you for free.

Check if the cinema has access for you



Some cinemas have

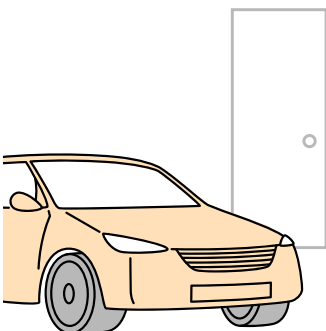
- ramps



- lifts



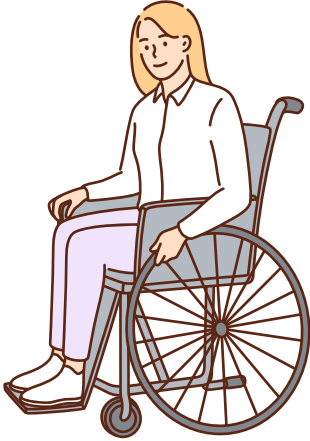
- no steps



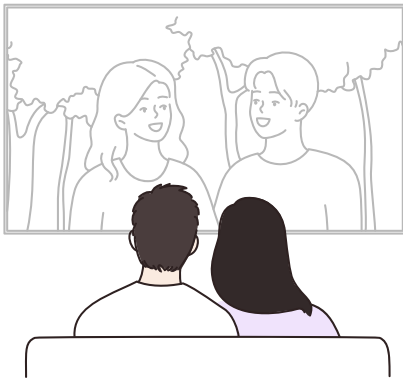
- parking close to the door

Ask about wheelchair seats

Many cinemas have



- a special seat for wheelchairs



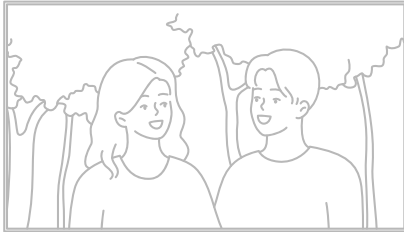
- a seat next to you for your support person.



You can call the cinema to check.

You are Deaf or hard of hearing

Some cinemas have



It is a nice day

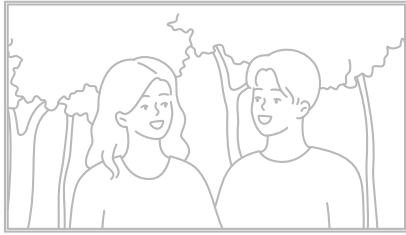
- **open captions**



- **closed captions**



- sound that goes to your hearing aid or headphones.



It is a nice day

Open captions are words at the bottom of the big screen.

The words are



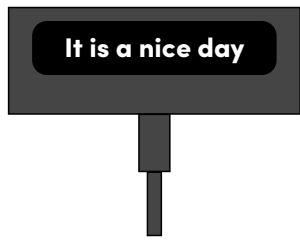
- what people in the movie are saying



- sounds that are happening in the movie



- lyrics to songs that play in the movie.



Closed captions are words on a device only you can see.

The words are



- what people in the movie are saying



- sounds that are happening in the movie



- lyrics to songs that play in the movie.



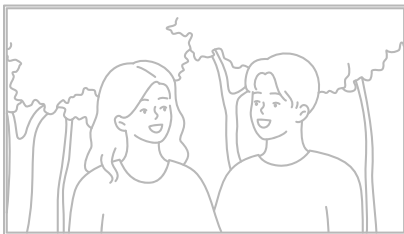
You are blind or have low vision

You can ask for an audio description.

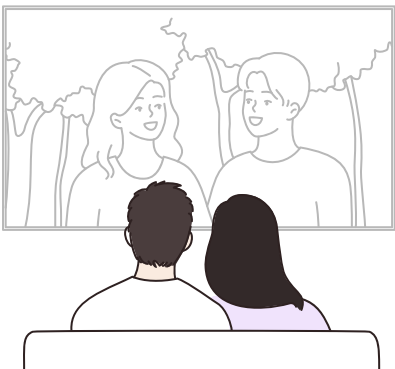
Audio description



- uses a headset



- tells you what is happening in the movie.

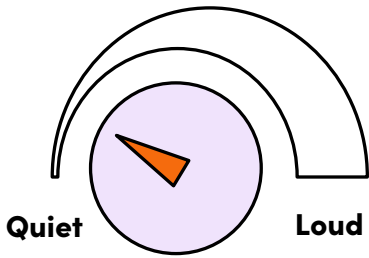


Sensory-friendly screening

A **sensory-friendly screening** is a special setting for movies.



The lights stay on a little.



The sound is not too loud.



You can get up or talk if you need to.



Sensory-friendly screenings are good for people who

- do not like loud sounds



- do not like bright lights

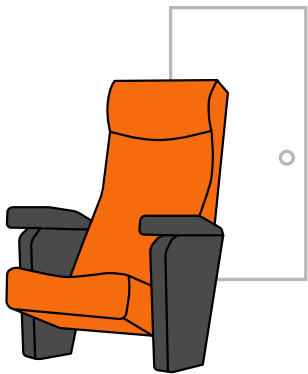


- need to move or make noise.

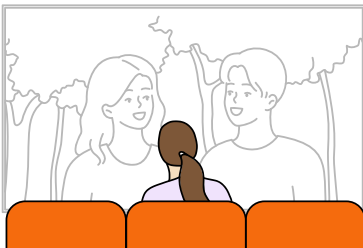


Pick the best seat for you

You can



- sit near the door



- sit at the back.



- move around.



Ask for a quiet room

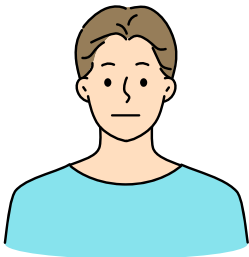
Some cinemas have a quiet space.

You can go there if you feel **overwhelmed**.



Overwhelmed is a feeling.

You feel overwhelmed when



- too many things are happening



- things feel too loud or too fast

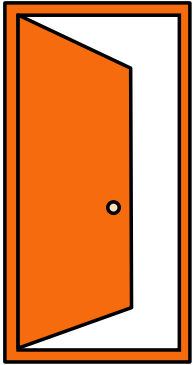


- you feel stressed or upset.

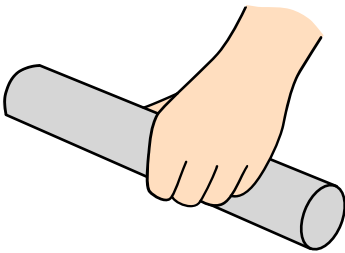


Accessible bathrooms

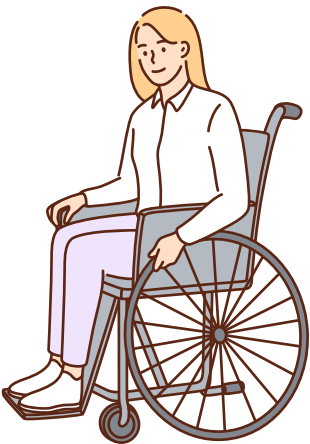
An **accessible** bathroom has



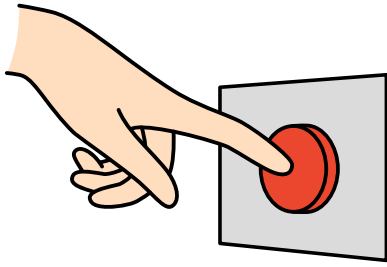
- big doors



- handrails



- space to move in a wheelchair



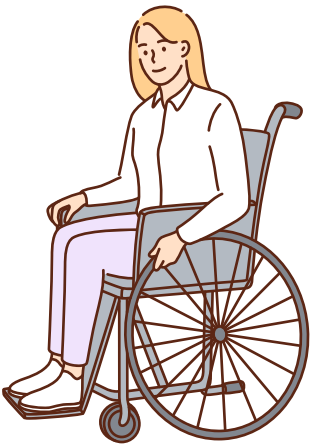
- help buttons.

Accessible means it is easy for people with disability to use.

Something is accessible if



- you can get in without steps



- there is space for a wheelchair



- it is easy to use for everyone.

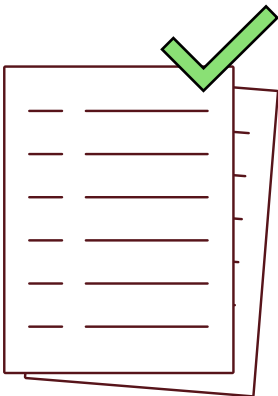


Assistance animals

If you have an assistance animal, you can bring them with you.



Ask if there is space for them to sit or lie down.



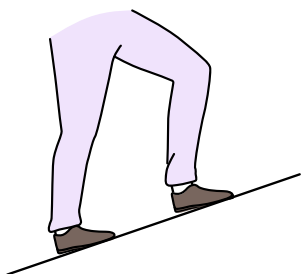
You can bring papers that say the animal is allowed.



Word list

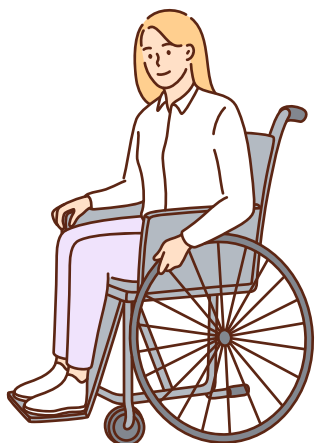
Accessible

Accessible means it is easy for people with disability to use.



Something is accessible if

- you can get in without steps



- there is space for a wheelchair

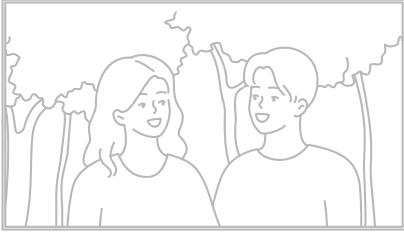


- it is easy to use for everyone.

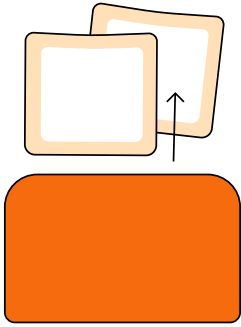


Audio description

- uses a headset

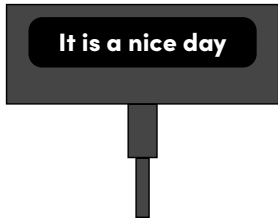


- tells you what is happening in the movie.



Automatically

Automatically means something happens by itself.



Closed captions

Closed captions are words on a device only you can see.



The words are

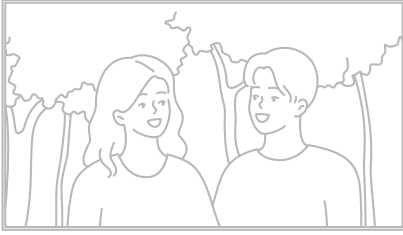
- what people in the movie are saying



- sounds that are happening in the movie



- lyrics to songs that play in the movie.



It is a nice day

Open captions

Open captions are words at the bottom of the big screen.



The words are

- what people in the movie are saying



- sounds that are happening in the movie



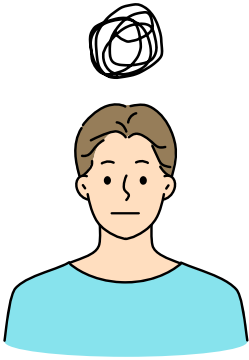
- lyrics to songs that play in the movie.



Overwhelmed

Overwhelmed is a feeling.

You feel overwhelmed when



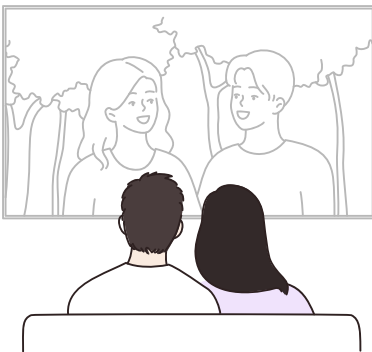
- too many things are happening



- things feel too loud or too fast



- you feel stressed or upset.

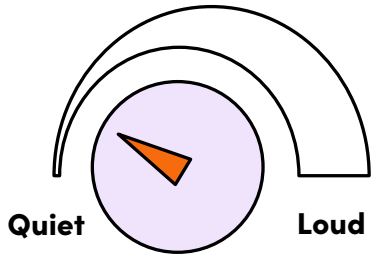


Sensory-friendly screening

A sensory-friendly screening is a special setting for movies.



The lights stay on a little.



The sound is not too loud.



You can get up or talk if you need to.



Sensory-friendly screenings are good for people who

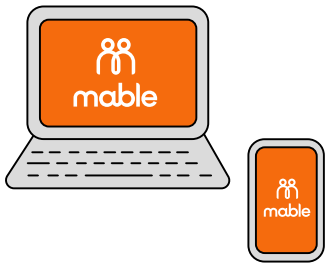
- do not like loud sounds



- do not like bright lights



- need to move or make noise.



About Mable

Mable is a website and app.

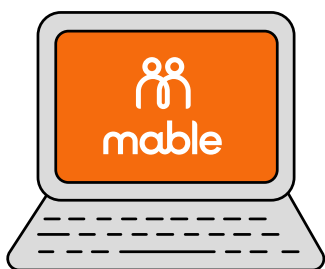


It helps people find independent support workers.



You can contact Mable.

Phone: 1300 73 65 73



Website: www.mable.com.au



Email: support@mable.com.au



Mable's office hours are Monday to Friday,
8 am to 6 pm (Sydney time)